

and I can quite imagine an intelligent child's calling out "Oh! bother!" when they drift across the travelling maidens' path. Children of the last century seem to have enjoyed the obviously moral, but unfortunately, children of these degenerate times refuse to swallow any moral powder unless it is well hidden with jam, as represented by adventures. The little volume under discussion has, I hear, proved a great success in America, where a large edition has been issued. In spite of these over-moral tales, "Out of My World" is such an attractive little book that I hope we shall soon be able to welcome it in an English translation. It would, indeed, make a charming Christmas gift-book if it were well and suitably illustrated.

A. M. G.

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### Review.

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"THE Ritual of Health," by Mr. Cooper Pattin, Medical Officer of Health for Norwich, is an excellent and interesting little text-book for those who, like Mr. Pattin, are worshippers at the shrine of Health and Sanitation. Were all the errors of our every-day lives which Mr. Pattin points out to be amended according to his rules, Medical Officers of Health would hardly be needed. The book is addressed mainly to the middle classes of whom the author says: "If these classes can be induced to sanify their domestic life, the salubrity will filter down through their servants to the homes of the artisans. The book, which forms the first of a series of three, deals with personal and domestic health, with minute and common-sense advice on washing, dressing, and eating. Perhaps, at times, the writer is somewhat didactic as to dietary, for digestive organs have too many individual idiosyncracies and whims for such arbitrary laws to be followed. Excellent, sound common-sense is the keynote of "The Ritual of Health," which, at the small published price of one shilling, should prove a very popular addition to the large library of hygienic literature, of which this is a very superior example. An index would be a practical addition to the value of the book. Mr. Pattin's sociology is admirable, and he holds very broad-minded and healthy views on the woman question. We hope Messrs. Jarrold and Sons, the publishers, will have a great demand for this book, and that its successors will prove equally interesting."

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### Bookland.

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#### ON A READING OF MATTHEW ARNOLD.\*

ARNOLD is dead, and everyone forgets

His gracious doctrine, his hellenic creed,  
His faith in light and sweetness. 'Tis indeed,  
So easy to repudiate our debts  
Of heart and brain! When what one most regrets  
Is stint of love, and ease, and wealth, who need

\* From "In the Dorian Mood," by Victor Plarr. (London: John Lane.)

Go wail for culture? 'Tis a colourless weed  
Which no one in his table nosegay sets.  
Yet, great Oxonian, it were meet and fit  
Could we but halt upon our daily stage  
Of petty duty, dull mechanic task,  
To meditate thy theme, and hear thee ask,  
"Is conduct all? Are grace, and light, and wit  
Not chiefly good in this Bæotian age?"

VICTOR PLARR.

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### WHAT TO READ.

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"The Year After the Armada, and other Historical Studies," by Martin A. S. Hume. (T. Fisher Unwin.)

"Turkey and the Armenian Atrocities," by the Rev. Edwin M. Bliss, with introduction by Miss Frances E. Willard. (T. Fisher Unwin.)

"The Heresies of the Christian Church." (Simpkin, Marshall, & Co.)

"Personal Reminiscences of a Great Crusade," by Josephine E. Butler. (Horace Marshall & Son.)

"Idylls and Lyrics," by Sir Lewis Morris, Kt., M.A., Hon. Fellow Jesus College, Oxford, and Trinity College, London, &c. (London: Osgood, McIlvaine, & Co.)

"Ver Lyræ." Selected Poems of Charles Newton-Robinson, with seven New Lyrics. (London: Lawrence & Buller, Limited.)

"Nocturnes and Pastorals: a Book of Verse," by A. Bernard Miall. (London: Leonard Smithers.)

"As it Was in the Beginning," by G. R. Sims. (E. F. White & Co.)

"Man," by Lilian Quiller Couch.

"Maggie," by Stephen Crane.

"As Others See Us," edited by Joseph Jacobs. I. The England of to-day. From the Portuguese of Oliveira Martins. Translated by C. J. Wildey. (London: George Allen.)

"The City of Refuge," by Sir Walter Besant. (Chatto & Windus.)

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### Coming Events.

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October 2nd.—Conversazione at St. Mary's Hospital, in aid of Out-patients' Department. Tickets 2s. 6d. each from the Dean of the Hospital.

Distribution of Prizes by Lord Justice Lindley to the Students at St. Thomas's Hospital Medical School, 3 p.m.

October 5th.—"The Law Relating to the Supervision of Food Supply," by A. Wynter Blyth, M.R.C.S., F.I.C., F.C.S., Barrister-at-Law, Med. Off. of Health, St. Marylebone. The Sanitary Institute, Margaret Street, W., 8 p.m.

October 16th.—General Council Meeting of the Royal British Nurses' Association, 17, Old Cavendish Street, 5 p.m.

October 20th.—The Dairy Show commences at the Agricultural Hall.

October 27th to 30th.—Annual Conference of the National Union of Women Workers, Manchester.

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